

GARDEN HEIGHTS NURSERY

SPRING

2024 NEWSLETTER





We're beyond thrilled to have grown alongside you over these 28 amazing years! Amidst our joy of nurturing delightful plants tailored for every season and skill level, it's our customers who make what we do so meaningful. We've loved helping you add natural beauty indoors and out year after year, and we're excited to share with you all our new finds for your home and garden this year!



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A NOTE FROM LOU

Spring is here! As we enter our 28th year in business, I'm more thankful than ever for the support of our customers and St. Louisans who are passionate about adding greenery inside and out. Customers like you remind us that our job is our joy, because we get to offer quality plants and products that bring joy to your home and garden.

This year, we look forward to the launch of a brand new service that makes it easier to cultivate a green life at both your home & business. 'Create' by Garden Heights is our new container design service. Our new launch beautifies your containers through a seasonal subscription or single-instance offering. We're excited to share more in the pages coming up!

Year after year, we're beyond thankful you make Garden Heights your source for a greener life. We can't wait to see you soon in the store!

Happy Gardening,

Lou

Louis D'Agrosa
Owner



PEACH FUZZ PASSION

CELEBRATING PANTONE'S
2024 COLOR OF THE YEAR

Pantone's Color of the Year for 2023, Peach Fuzz, is a velvety gentle shade that communicates a warming message of caring, sharing and community! Incorporate it in your garden and home to add a subtle and soft pop of color to your space!



ASTILBE - PEACH BLOSSOM

Clear light rose spikes are heavy with flowers beginning in late June, and the stems are thick and sturdy.



PEONY- CORAL CHARM

Large, cup-shaped flowers emerge as a deep persimmon color and bloom out to elegant, coral-cream colored, semi-double flowers



PANTONE-INSPIRED POTTERY

Add peach fuzz decor to home from the GH store including ceramic watering cans, vases, containers, and more!



HEUCHERA- PEACHBERRY ICE

Large, apricot orange leaves have a silver overlay, beautifully pronounced ruffling, and bright pink undersides.



COREOPSIS- CREME CARAMEL

Creamy peach/pink blossoms glow with golden tones around button centers with sweetly notched petal tips.



**AGASTACHE- MEANT TO BEE
"QUEEN NECTARINE"**

Soft peach flowers are held on mauve calyxes that hold their color into fall even after the plant stops blooming.



**ACHILLEA (YARROW) FIREFLY
PEACH SKY**

Light peachy orange flowers age to yellow and create a blend of colors, much like you would find on a peach.



SOLENIA APRICOT BEGONIA

Prolific, vibrant blossoms are produced on well-branched, mildew resistant plants all season due to daylength neutrality.



**SUPERBELLS TROPICAL SUNRISE
CALIBRACHOA**

The petite flowers grace cascading plants that are great in combinations, and mono-hanging baskets.



YOU CAN CREATE: CONTAINERS FOR IMPACT

8 WAYS CONTAINERS CAN
ADD CURB APPEAL IN
EVERY SEASON!

Your porch and patio serve as the gateway to your home or business, making a lasting impression on guests and customers alike. It's the first thing they see, and the first opportunity to showcase your style and attention to detail.

One of the most powerful ways to make a statement with your outdoor décor is to enhance the appeal of the space through captivating container designs. Our brand new container design service offers a plethora of options for transforming your outdoor spaces with color and texture.

ELEVATE YOUR CURB APPEAL

Your porch and patio are not just spaces; they're canvases waiting to be adorned with creativity. Our container design service at Garden Heights Nursery offers an array of options to elevate your curb appeal. Whether you prefer vibrant blooms, lush foliage, or a combination of both, our experts will craft designs that captivate the eye and leave a lasting impression.

SEASONAL SPLENDOR

Just like fashion, outdoor décor follows seasonal trends. By changing your container designs with the seasons, you can keep your porch and patio looking fresh and inviting year-round. From cheerful spring blooms to festive fall foliage, our container designs reflect the beauty of each season, creating an ever-changing landscape that delights the senses.



IMPRESS YOUR GUESTS

First impressions matter, and your outdoor space sets the tone for the rest of your home or business. With our uniquely crafted container designs, you can impress your guests from the moment they arrive. Imagine their delight as they are greeted by a burst of color and fragrance, creating a warm and welcoming atmosphere that invites them to linger and explore.

CREATE AN OASIS

Your porch and patio are extensions of your indoor living space, offering a sanctuary where you can relax and unwind. Our container designs can help you create an oasis right outside your door, transforming your outdoor area into a tranquil retreat where you can escape the stresses of daily life and reconnect with nature.

BOOST YOUR BUSINESS

For businesses, curb appeal is crucial in attracting customers and setting yourself apart from the competition. With



our professionally designed container arrangements, you can enhance the exterior of your business and draw in passersby with eye-catching displays that reflect your brand and values. Whether you run a boutique shop, a restaurant, or an office space, our container designs can help you make a memorable impression on potential clientele.

EASY MAINTENANCE

Maintaining your outdoor space shouldn't feel like a chore. Our container designs are not only visually stunning but also easy to care for, so you can spend less time fussing over your plants and more time enjoying their beauty. With the right selection of plants and containers, you can create a low-maintenance outdoor oasis that thrives year-round with minimal effort.

CUSTOMIZED SOLUTIONS

At Garden Heights Nursery, we understand that every space is unique, which is why we offer customized container design solutions tailored to your specific needs and preferences. Whether you have a small porch or a sprawling patio, our specialists will work with you to create designs that complement your space and reflect your personal style.

SUSTAINABILITY MATTERS

In today's world, sustainability is more important than ever. Our container designs incorporate eco-friendly practices, using locally sourced plants and materials whenever possible. By choosing sustainable options for your outdoor décor, you contribute to a greener, healthier planet for future generations.

Your porch and patio have the potential to be so much more than just functional outdoor areas. With our container design service at Garden Heights Nursery, you can transform these spaces into stunning showcases that reflect your style and personality. From seasonal splendor to year-round beauty, our expertly crafted container designs will elevate your outdoor space and leave a lasting impression on guests and customers alike.

Ready to add beauty to your space? Contact us today at create@gardenheights.com and let us help you unlock the full potential of your outdoor oasis.



EDIBLE CANVAS

FOODSCAPING TO ADD
FLAVOR, FUNCTION AND
BEAUTY TO YOUR SPACE

BY DENISE DEGHELDER

Even if you only have room for a couple pots on a balcony, a few empty spots between perennials or a large plot, you can make your landscape not only beautiful but functional.

By now many people have heard the term Foodscaping and for good reason. This approach aligns with the broader movement towards urban agriculture and the desire for self-sufficiency and DIY. Foodscaping is a gardening discipline, emphasizing versatility, creativity, and utility. Even if you only have room for a couple pots on a balcony, a few empty spots between perennials or a large plot, you can make your landscape not only beautiful but functional.

CONTAINER GARDENS FOR LIMITED SPACE

Incorporating herbs, vegetable plants and edible shrubs, such as berries into containers and landscape beds is a fun and practical approach to cultivating a diverse and functional garden. Containers offer versatility, allowing you to create portable mini-gardens that can be moved based on sunlight and seasonal changes. This is particularly helpful for anyone with limited space or those living in more urban environments. Whether it's

aromatic herbs like basil and mint, compact, determinate vegetables or shrubs, these container gardens provide a visually appealing and accessible way to grow fresh produce at home. There are many compact varieties of vegetables and berries that are ideal for limited spaces,

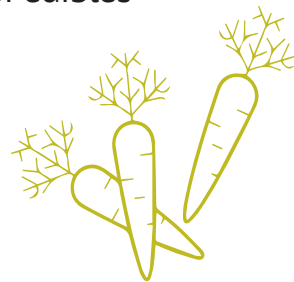


allowing you to maximize your yield without sacrificing quality.

Integrating these plants into landscape beds enhances the overall aesthetic of your outdoor space. By strategically placing edible plants alongside ornamental flowers and foliage, you create a balanced and multi-functional garden design. This not only adds visual interest but also promotes biodiversity, attracting beneficial insects and pollinators. The combination of edibles and ornamentals reflects a modern gardening spirit that values both sustainability and beauty.

MANAGEABLE MAINTENANCE

In addition to the aesthetic benefits; growing herbs, vegetables, and berries makes maintenance more manageable. Containers offer better control over soil quality and drainage, reducing the risk of pests and diseases. Incorporating these



plants into landscape beds allows for efficient space utilization and can serve as an edible landscaping solution. This modern gardening approach aligns with the growing interest in sustainable living and the desire to have a direct connection with the food we consume. We think incorporating these plants into containers and landscape beds is a perfect way to create a diverse and functional outdoor space. For warmer season containers you can't go wrong with mixing patio varieties of tomatoes, eggplant or peppers with marigolds and trailing thymes or oreganos.

To discover the endless possibilities in foodscaping, come check out our reimagined edible and herb department today!



Denise is one of our managers as well as our annual, veggie, and herb buyer! With decades of retail experience, she loves helping customers with both indoor and outdoor plants!

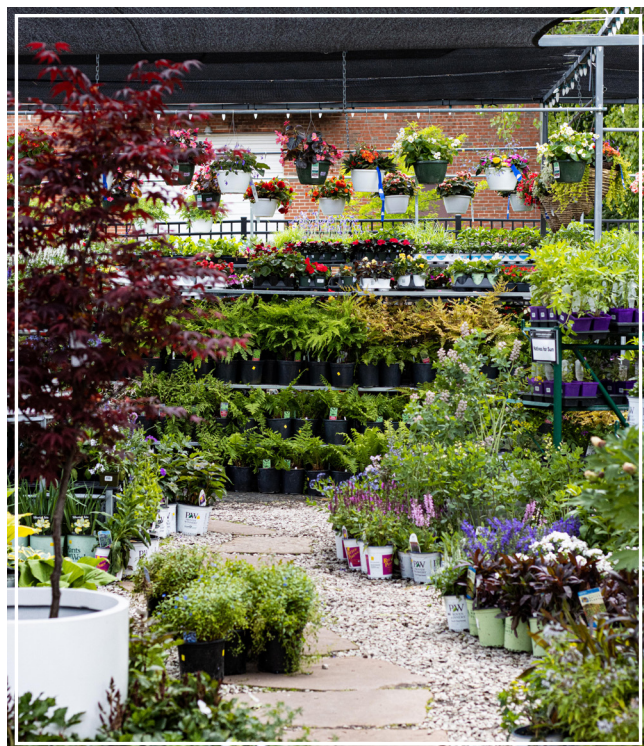


PERENNIAL EXPANSION!

VISIT OUR EXPANDED PERENNIALS SECTION!

We've been listening to your garden wishes! This year in the perennials section we're making room for more of your perennial favorites! Expect more Missouri natives and increased options for shade like more varieties of ferns, hosta, and astilbe! We will also have a larger selection of vines, which means more clematis than ever before!

Stop by perennials each week for blooms that just keep coming!



A photograph of a cat standing in a room filled with potted plants. The cat is white with orange patches, seen from behind, looking towards a window. The room is filled with various potted plants, some in large terracotta pots and others in black plastic nursery pots. The text "5 PET-FRIENDLY PLANTS FOR YOUR INDOOR SPACE" is overlaid in a large, white, serif font. The text is centered and spans across the middle of the image. There are horizontal lines above and below the main title text.

5 PET-FRIENDLY PLANTS FOR YOUR INDOOR SPACE

BY MARISA DRAJESKE

Bringing the outdoors inside is a trend that continues to gain popularity among homeowners and renters alike. However, for pet owners, it's essential to consider the safety of indoor plants, as some can be toxic to animals.

Fortunately, there's a wide array of pet-friendly indoor plants that not only add greenery to your home but also ensure the well-being of your furry companions.

Introducing pet-friendly indoor plants into your home decor not only enhances the aesthetic appeal but also contributes to a healthier indoor environment for both you and your pets. By selecting plants that are safe for pets and following proper care guidelines, you can enjoy the benefits of indoor gardening without worrying about potential hazards to your beloved animals.

Many common indoor plants can be harmful to pets if ingested, typically



causing mild to moderate stomach upset among other symptoms. Therefore, opting for pet-friendly indoor plants provides peace of mind, knowing that your beloved pets are safe in their environment.

HOYA

Hoya, also known as wax plant or porcelain flower, is a genus of tropical vines and shrubs prized for waxy, star-shaped flowers and glossy foliage. These plants are renowned for their trailing or climbing habit and are popular choices for hanging baskets or trellises. Hoya plants are relatively low maintenance and prefer direct light and a well-draining potting media. They are revered for their delicate, often fragrant blooms, which come in a variety of colors. Hoya plants make stunning additions to an indoor plant collection, adding beauty and elegance to any space.



AFRICAN VIOLET

African violets (*Saintpaulia*) are charming houseplants known for their vibrant blooms and velvety foliage. They feature compact rosettes of dark green leaves and trumpet-shaped flowers in various colors. These low-maintenance plants prefer bright filtered light and will thrive in a self-watering pot with an airy potting mix. With regular care, they provide continuous blooms, making them popular choices for indoor gardens.

SPIDER PLANT

The spider plant (*Chlorophytum comosum*) is a popular and resilient indoor plant known for its striking appearance and easy care. With its long, arching leaves that feature a central stripe of white or creamy coloration, resembling spider legs, it adds a unique touch to any space. The spider plant is adaptable to a variety of environments and is tolerant of low light conditions, although it thrives in bright, indirect light. It requires well-draining soil and regular watering, allowing the soil to dry out between waterings. Spider plants produce long, slender stems that bear small white flowers and miniature plantlets, making them ideal for hanging baskets or as cascading foliage in pots. While this plant is perfectly safe for pets, it does have an effect on cats similar to catnip - so don't be surprised if your kitty decides it's fun to snack on! For the safety of your plant, it may be best to hang it out of reach.

PEPEROMIA

Peperomia is a diverse genus of small, easy-to-care-for houseplants known for their ornamental foliage. These compact plants come in a variety of leaf shapes, sizes, and colors, ranging from deep green, orange, purple, silver, and more. With their thick, succulent-like leaves and compact growth habit, peperomias add texture and visual interest to indoor spaces. They prefer bright, indirect light and well-draining soil. Peperomias are relatively low-maintenance plants, requiring occasional watering and minimal fertilization. They make excellent additions to terrariums, small pots, or mixed plant arrangements, bringing a touch of greenery to any indoor environment.

PRAYER PLANT

Maranta, commonly known as the prayer plant, is a striking and popular houseplant prized for its distinctive foliage and unique movement. Maranta features intricately patterned leaves with vibrant colors and contrasting veins. The leaves are known for their ability to fold upward at night, resembling praying hands, hence the plant's common name. Maranta prefers bright, indirect light and consistent watering to thrive indoors. With its low-maintenance nature and eye-catching appearance, Maranta is a beloved



Marisa is our greenhouse manager and has worked at Garden Heights for 4 years! She loves sharing her houseplant expertise- especially when it comes to her favorites- philodendrons, sansevieria, succulents, and hoyas!

choice for adding a touch of tropical flair to any indoor space.

We are happy to assist you in the greenhouse with finding the perfect plant for your space, whether you have pets or not!



PERENNIALS FOR POLLINATORS

TIPS AND PLANT PICKS FOR A
SUCCESSFUL POLLINATOR GARDEN

BY ANNE DEUTCH



Pollinators like honeybees, butterflies and birds are hard at work providing vital services. Three-fourths of the world's food crops depend on animal pollinators to reproduce.

Pollinators face many challenges in the modern world. Habitat loss, disease, and environmental contaminants have all contributed to the decline of many species of pollinators.

The good news is that by creating a pollinator-friendly garden full of native plants, you can help the pollinators in our area.

TIPS FOR CREATING A POLLINATOR FRIENDLY GARDEN

CHOOSE MISSOURI NATIVE PLANTS.

Not every plant in your garden needs to be native but native plants will establish better and bring in more pollinators.

PROVIDE A SUCCESSION OF BLOOM.

Select plants for continuous bloom throughout the growing season to attract pollinators and provide nectar and pollen from spring through fall.

PLANT IN THE SUN.

Select planting sites that receive sun throughout most of the day. Butterfly adults generally feed only in the sun. Avoid windy sites and provide a source of water close by.



PLANT IN DRIFTS.

Pollinators are more likely to find plants in gardens that provide larger drifts of color. When you purchase plants, get at least 3 of one kind and plant them near each other.

AVOID THE USE OF CHEMICALS.

Pesticides have the potential to poison or kill pollinators. Use organic methods to deter pests.

GO FOR VARIETY.

Provide a mix of different flower shapes, heights and colors to attract a wide variety of pollinators. Make sure to include host plants for butterfly larvae (caterpillars) to eat.



Anne has been with Garden Heights since spring 2006 and is the manager + buyer of the perennial selection! She is an avid gardener and is active in several horticulture groups in the St. Louis area.

NATIVE PERENNIALS TO ATTRACT POLLINATORS

SPRING

AMSONIA-
BLUESTAR

ANTENNARIA-
PUSSYTOES

AQUILEGIA-
COLUMBINE

BAPTISIA-
WILD INDIGO

PACKERA-
ROUNDLEAF GROUNDSEL

MERTENSIA-
VIRGINIA BLUEBELLS

POLEMONIUM-
JACOB'S LADDER

ZIZIA-
GOLDEN ALEXANDER

SUMMER

ASCLEPIAS-
MILKWEED

AGASTACHE-
HYSSOP

ECHINACEA-
CONEFLOWER

LIATRIS-
BLAZING STAR

LOBELIA-
CARDINAL FLOWER

MONARDA- BEE BALM /
WILD BERGAMOT

PENSTEMON-
FOXGLOVE BEARDTONGUE

PHLOX

PYCNANTHEMUM-
MOUNTAIN MINT

RUDBECKIA-
BLACK-EYED SUSAN

VERONICASRTUM-
CULVER'S ROOT

FALL

VERONIA-
IRONWEED

SYMPHYOTRICHUM-
ASTER

SOLIDAGO-
GOLDENROD

EUTROCHIUM-
JOE PYE WEED

HELIANTHUS-
SUNFLOWER





CREATIVE CONTAINERS

5 CREATIVE WAYS TO USE TREES +
SHRUBS IN LIMITED LANDSCAPES

BY STEVE ROESCH

For areas with limited green space, the trend of cultivating non-fruiting spring blooming trees and shrubs in containers offers an elegant solution.

As spring arrives, awakening the world with bursts of color and fragrance, the allure of trees and shrubs comes alive. For areas with limited green space, the trend of cultivating non-fruiting spring blooming trees and shrubs in containers offers an elegant solution. These botanical marvels can be utilized year-round in containers and even work without an abundance of growing space!

1. DRIVEWAY OR ENTRYWAY ACCENTS

Enhance the entrance to your home with container displays featuring spring blooming trees and shrubs. Select varieties such as dwarf weeping cherry trees, ornamental flowering almonds, or spirea shrubs, which greet visitors with their enchanting blossoms. These container accents create a welcoming ambiance, signaling the arrival of spring and adding charm to any small landscape.

2. PATHWAY PLANTINGS

Line pathways or walkways with containers filled with spring blooming trees and shrubs to create a delightful journey through your yard. Select varieties like dwarf lilacs, flowering dogwoods, or ornamental cherry trees that offer fragrant blossoms and visual appeal. Beyond adding charm to the pathway these varieties guide visitors through your garden with splashes of color.

3. USE TREES + SHRUBS AS FOCAL POINTS

Use containers as focal points within your landscape, showcasing standout specimens of spring blooming trees and shrubs. Choose eye-catching varieties such as weeping cherry trees, flowering plum trees, or hydrangea standards to draw attention and create visual interest.

4. MAKE MORE SPACE ON PATIOS

Limited on space? Craft a patio garden with a variety



of spring blooming trees and shrubs. Opt for compact varieties like dwarf cherry or crabapple trees, and miniature lilac or azalea shrubs, which thrive in containers and burst into bloom in spring. Place these containers strategically to create a stunning outdoor retreat, infusing your space with seasonal charm.

5. PATIO POTS AND BORDERS

Want to add impact to a small patio? Enhance the borders of a patio or deck with strategically placed containers featuring spring blooming trees and shrubs. Opt for specimens such as dwarf magnolias, Japanese maples, or hydrangeas, which can provide compact bursts of color and interest. Mix in seasonal annuals or perennials to complement the spring blooms and create a dynamic outdoor display.

Cultivating spring blooming trees and shrubs in containers offers a delightful way to enjoy the beauty of the season. Whether through driveway accents, pathway plantings, patio arrangements, or pots and borders, these creative containers bring the magic of spring to any landscape!



Steve is the General Manager and Sales Manager for all of our trees and shrubs! He has been with Garden Heights Nursery since the spring of 2004 and has 16 years of plant knowledge from working at the nursery!



A close-up photograph of a hand sowing seeds into a seedling tray. The tray is filled with dark brown potting mix, and several small white seeds are visible. The background is slightly blurred, showing more of the tray and the hand. The entire image is framed by a white border.

WHICH IS THE BEST POTTING MIX FOR YOU?

BY JEFF HATCHARD

The best potting mix can vary depending on your specific gardening needs, the types of plants you are growing, and your local climate conditions.

Which is the best potting mix for you? The best potting mix can vary depending on your specific gardening needs, the types of plants you are growing, and your local climate conditions. However, some highly regarded potting mixes that are commonly recommended by professionals and gardeners include:

FOX FARM HAPPY FROG POTTING MIX

This mix is enriched with earthworm castings, bat guano, aged forest products, peat moss, perlite, vermiculite. It's ideal for container gardening, seedlings, vegetables, houseplants, and annuals, providing essential nutrients for plant growth. Happy Frog is a practical option that drains well while holding onto moisture and nutrients.

FOX FARM OCEAN FOREST POTTING MIX

A unique blend of good things from the earth and sea. Ocean Forest Potting Mix is a powerful blend of aged forest products and selected peat mosses, fish emulsion, crab meal, shrimp meal, bat guano, and earthworm castings. The rich ingredients in Fox Farm Ocean Forest Potting mix are ideal for container gardens, houseplants, and veggies.



WHICH IS BETTER, HAPPY FROG OR OCEAN FOREST?

Happy Frog and Ocean Forest are popular options for indoor and outdoor gardeners and growers. Here are some key factors to consider between Happy Frog versus Ocean Forest. Happy Frog and Ocean Forest are two great potting mixes that offer different benefits for plants. If you are looking for a nutrient -rich mix, go with Ocean Forest. If you want a well -balanced blend that is gentle on plants, try Happy Frog. If you are worried about over-feeding your seedlings and clones, many growers start with Happy Frog to have more control over the amount of nutrients, then transplant to Ocean Forest after a couple of weeks. Happy Frog Potting Mix is lighter in weight and texture with a higher percentage of perlite. While Ocean Forest is a bit heavier and has a higher rate of vermiculite. Lastly, Happy Frog has a more acidic pH, and Ocean Forest has more of an alkaline pH. The Ocean Forest pH is ideal for plants that prefer slightly alkaline soil, such as tomatoes and cucumbers.

HOW OFTEN DO I NEED TO FERTILIZE PLANTS GROWN IN HAPPY FROG AND OCEAN FOREST POTTING MIXES?

Both potting mixes contain nutrients for the first 30 days of your plant's growth. Follow the directions on the fertilizer package, as too much fertilizer can damage plants. Osmocote is good even-release granular fertilizer we recommend. Osmocote nutrient content is 14-14-14, which means that it has an even amount of nitrogen, phosphate, and potash. Nitrogen makes up part of the chlorophyll in plants. Chlorophyll is the green pigment of the leaves and stems. Phosphate helps stimulate root development and promotes larger more beautiful blooms and fruit. Potash helps produce strong sturdy stalks and vigorous growth.

REASONS WHY COMPOST SHOULD BE USED.

Compost can be applied in existing garden beds, landscapes, and when planting new trees, shrubs, and perennials. Compost is nutrient rich in organic matter, which provides essential nutrients for plant growth. As it decomposes, it releases nitrogen, phosphorus, potassium, and other micronutrients into the soil, improving soil fertility and promoting healthy plant growth. Compost promotes beneficial microbial activity in the soil, fostering a healthy soil ecosystem. Microorganisms such as bacteria and fungi breakdown organic matter, releasing nutrients and improving soil structure. Compost improves soil structure and texture by increasing soil porosity and enhancing water retention and drainage. It helps loosen compacted soils, including clay, making it easier for plant roots to penetrate and access nutrients and water. Speaking of water, compost helps soil retain moisture, helping with reducing the frequency of watering /

irrigation. Weed suppression is yet another benefit. Compost can help suppress weed growth when used as a mulch / top dressing. Its dense texture and coverage inhibit weed germination and growth, reducing the amount of manual weeding. Lastly, compost promotes sustainable agriculture by recycling agricultural waste materials and repurposing the waste into a valuable soil amendment, reducing waste and environmental impact. Overall, compost can be a valuable addition to the landscape, providing numerous benefits for plant growth, soil health, and environmental sustainability. At Garden Heights, we carry a few different composts, including a cotton burr compost, mushroom compost, Missouri Botanical Garden (MoBot) Compost, and a raised bed mix also from MoBot as well. With each bag of raised bed and Missouri Botanical Garden compost sold, part of the proceeds benefits the Missouri Botanical Garden!



In conclusion, the most widely used potting mixes and compost combine high quality ingredients, provide adequate drainage and aeration, retain moisture effectively, and support healthy plant growth. Gardeners often choose mixes based on their individual preferences, plant requirements, and gardening goals.



Jeff has been at Garden Heights for 10 years and is the hardgoods buyer. With a decade of experience, he loves helping customers find the right supplies to make your garden thrive!





GARDEN HEIGHTS NURSERY

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